Friday, January 29, 2027
UC Riverside – Palm Desert

Think Like a Shrink Bootcamp - Palm Desert Agenda

Time	Activity	Details
8:00 AM – 9:00 AM	Breakfast and check-in Coffee with a Therapist	UC Riverside – Palm Desert Room B100 Join us for a continental breakfast and coffee with a therapist while you check in.
9:00 AM – 9:15 AM	Opening Remarks	**Topic:** Welcome address and introduction to Cal-MAP **Speaker:** Adwoa Osei, MD
9:15 AM – 10:30 AM	Module 1	**Topic:** Basics of ADHD, Anxiety and Depression **Speakers:** Hoang "Wayne" Nguyen, MD and Toshia Ann Yamaguchi, MD
10:30 AM – 10:45 AM	Module 1 Q&A	Send in any questions via PollEverywhere - Scan QR Code - Join by Web Browser **PollEv.com /tlas918** - Join by Text Send **tlas918** and your message to **22333**
10:45 AM – 11:00 AM	Mindfulness break	Join our guided mindfulness and grab some refreshments. **Speaker:** Dinery Egan, LMFT
11:00 AM – 12:15 PM	Module 2	**Topic:** Complex Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), and Disruptive Behavior Disorder (DBD) **Speakers:** Rachel Ballard, MD and Hohui Eileen Wang, MD

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12:15 PM – 12:30 PM	Module 2 Q&A	Send in any questions via PollEverywhere - Scan QR Code - Join by Web Browser **PollEv.com /tlas918** - Join by Text Send **tlas918** and your message to **22333**
12:30 PM – 1:45 PM	Lunch Break	Meet with speakers for extended Q&A and consultations, and network with fellow attendees. **Room 1**: Basics of ADHD, Anxiety and Depression **Room 2**: Complex ADHD, ASD and DBD **Room 3**: Teen Suicidality & Substance Use **Room 4**: Individual Consultations
1:45 PM – 3:00 PM	Module 3	**Topic:** Teen Suicidality & Substance Use **Speakers:** Hohui Eileen Wang, MD and Lisa Fortuna, MD
3:00 PM – 3:15 PM	Module 3 Q&A	Send in any questions via PollEverywhere - Scan QR Code - Join by Web Browser **PollEv.com /tlas918** - Join by Text Send **tlas918** and your message to **22333**
3:15 PM – 3:30 PM	Guided mindfulness	**Speaker:** Dinery Egan, LMFT
3:30 PM – 4:00 PM	Closing remarks and CME credit claiming	**Speaker:** Adwoa Osei, MD Note: CME credit claiming information will also be shared with attendees by email after the bootcamp.